

JOSEPH J. WILLIAMS
6420 W. Newberry Road East Wing, Suite 100
Gainesville, FL 32605
Office: 352-665-1090 jwilliams@sunshineih.com

EDUCATION

Duke University Leadership Program in Integrative Healthcare	2017 – 2018
Atlantic Institute of Oriental Medicine Bachelor of Science Master of Oriental Medicine	2006 – 2009
Florida Atlantic University Information Systems	2001 – 2003
Indian River Community College Associates Degree in Business	1998 – 2000

PROFESSIONAL EXPERIENCE

Sunshine Integrative Health, Inc. Gainesville, FL President	2009 – Present
University of Florida Gainesville, FL Active Research Project, ClinicalTrials.gov NCT02148159	2011 – Present
Community Cancer Center of North Florida Gainesville, FL Acupuncture Physician, D.O.M	2013 – 2014
ReQuest Physical Therapy Gainesville, FL Acupuncture Physician, D.O.M	2011 – 2012

ADVANCED CERTIFICATIONS

Vital Principle Institute Level One Certification in Auricular Medicine	2013
Memorial Sloan Kettering Cancer Center Advanced Acupuncture for the Cancer Patient	2012
Memorial Sloan Kettering Cancer Center Acupuncture for the Cancer Patient	2010
Acupuncturists Without Borders Acupuncture in the Field for Traumatic Events	2010
Metagenics First Line Therapy Healthcare Provider	2010

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ASSOCIATIONS & AFFILIATIONS

Society of Integrative Oncology Clinical Practice Committee	2015
Logistics Chair ACS Making Strides Against Breast Cancer	2013 – Present
Legislative Committee for Florida State Oriental Medicine Association	2012
Committee Member for American Cancer Society’s Cattle Baron Ball	2011
Sponsor American Cancer Society Making Strides Against Breast Cancer	2010 - 2011
Acupuncturists Without Borders	2010 - 2014
Society of Integrative Oncology	2010 - Present
Florida State Oriental Medicine Association	2009 - Present
American Association for Acupuncture and Oriental Medicine	2009 - Present

PRESS & PUBLIC EXPERIENCE

ASPAN National Conference Speakership	Apr 2012
Florida Society of Peri-Anesthesia Nurses Conference Speakership	Oct 2011
Florida Society of Oncology Social Workers Regional meeting Speakership	Mar 2011
Acupuncturists Without Borders, Haiti Earthquake Relief	May 2010

REFERRED PUBLICATIONS

Grundmann, O., Yoon, S. L., & Williams, J. J. (2017). Malnutrition, Cachexia and Quality of Life in Patients with Cancer. Handbook of Famine, Starvation, and Nutrient Deprivation, doi:10.1007/978-3-319-40007-5_56-1.

Grundmann, O., Yoon, S. L., & Williams, J. J. (2015). The value of bioelectrical impedance analysis and phase angle in the evaluation of malnutrition and quality of life in cancer patients - A comprehensive review. [European Journal of Clinical Nutrition. 69, 1290-1297. doi: 10.1038/ejcn.2015.126. PMID: 26220573.](#)

Yoon, S. L., Grundmann, O., Williams, J. J., & Carriere, G. (2015) Novel intervention with acupuncture for cancer anorexia-cachexia in patients with gastrointestinal tract cancers: Feasibility study. [ONF 2015, 42\(2\), E102-E109 DOI: 10.1188/15.ONF.E102-E109.](#)

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Grundmann, G., Yoon, S. L., & Williams, J. J. (2014). Influence of acupuncture on bioelectrical impedance measures in patients with gastrointestinal cancer-results of a pilot study. [Acupunct Med doi:10.1136/acupmed-2014-010667](https://doi.org/10.1136/acupmed-2014-010667).

REFERRED RESEARCH ABSTRACTS

Yoon, S. L., Grundmann, O., Williams, J.J., George, T., & Gordan, L. (2016). Are Changes in Phase Angle and Body Composition by Gender in Cancer Patients with Cachexia Different from Healthy Population? [Abstract]. Proceedings of the 3rd International Cancer Cachexia Conference: Advancing molecular mechanisms and therapies. Abstract #051, Page 16.

Yoon, S., Lance, M., Grundmann, O., George, T. J., Williams, J. J. (2016). Gender differences in body composition among gastrointestinal cancer patients with unintentional weight loss. [Abstract]. [Oncology Nursing Forum, 43 \(2\), 128. doi: 10.1188/16.ONF.E82](https://doi.org/10.1188/16.ONF.E82)

Lance, M.,* Yoon, S.,+ Grundmann, O., & Williams, J. J. (2016). Gender differences in body composition among gastrointestinal cancer patients with unintentional weight loss. Proceedings of the 30th Annual Conference of the Southern Nursing Research Society, <http://snrs2016abstracts.conferencespot.org/61616-snrs-1.2951650/t002-1.2953141/f002-1.2953142/a051-1.2953226/ap051-1.2953227>

Yoon, S. L., Grundmann, O., Williams, J.J., Carriere, G., & Gordan, L. (2014). Cancer-associated anorexia and cachexia in adults with GI tract cancer: Novel intervention with acupuncture. [Oncology Nursing Forum, 41\(2\), E81](https://doi.org/10.1188/14.ONF.E81).

Yoon, S. L., Grundmann, O., Williams, J.J., Carriere, G., & Gordan, L. (2013). Feasibility of acupuncture therapy for appetite improvement in adults with cancer of the GI tract. *Proceedings of the 10th Society for Integrative Oncology*, USB, Abstract#27, P-9.

Grundmann, O., Yoon, S. L., & Williams, J.J. (2013). The use of bioelectrical impedance analysis (BIA) in the assessment of cancer patients. *Proceedings of the 10th Society for Integrative Oncology*, USB, Abstract#28, P-10.

Yoon, S. L., Grundmann, O., Williams, J.J., & Carriere, G. (2012). Acupuncture as a novel intervention to improve appetite in patients with cancers of the gastrointestinal tract. [Oncology Nursing Forum, 39 \(6\), E511-E547. Abstract # 1423759. DOI. 10.1188/12.ONF.E511-E547](https://doi.org/10.1188/12.ONF.E511-E547).

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INTERNATIONAL ORAL (SHORT TALK) WITH POSTER PRESENTATIONS (REFEREED)

Yoon, S. L., Grundmann, O., Williams, J.J., George, T., Gordan, L. (2016, September). Are Changes in Phase Angle and Body Composition by Gender in Cancer Patients with Cachexia Different from Healthy Population? Cutting Edge Science Talk and Poster presented at the 3rd International Cancer Cachexia Conference: Advancing molecular mechanisms and therapies, Washington DC.

INTERNATIONAL POSTER PRESENTATIONS (REFEREED)

Yoon, S. L., Grundmann, O., Williams, J.J., Carriere, G., & Gordan, L. (2013, October). *Feasibility of acupuncture therapy for appetite improvement in adults with cancer of the GI tract*. Poster presented at the 10th Society for Integrative Oncology, Vancouver, Canada.

Grundmann, O., Yoon, S. L., & Williams, J.J. (2013, October). *The use of bioelectrical impedance analysis (BIA) in the assessment of cancer patients*. Poster presented at the 10th Society for Integrative Oncology, Vancouver, Canada.

NATIONAL PAPER/PODIUM PRESENTATIONS (REFEREED)

Grundmann, O., Yoon, S., & Williams, J. (2014, August). *The use of bioelectrical impedance analysis (BIA) in patients with gastrointestinal cancer*. Paper presented at the 29th American Association of Naturopathic Physicians (AANP) conference, Phoenix, AZ.

Yoon, S. L., Grundmann, O., Williams, J. J., Carriere, G., & Gordan, L. (2014, May). *Cancer-associated anorexia and cachexia in adults with GI tract cancer: novel intervention with acupuncture*. Paper presented at the 39th Annual Oncology Nursing Society Congress, Anaheim, CA.

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NATIONAL POSTER PRESENTATIONS (REFEREED)

Yoon, S. L., Grundmann, O., Williams, J.J., & Carriere, G. (2012, November). *Acupuncture as a novel intervention to improve appetite in patients with cancers of the gastrointestinal tract*. Poster presented at the Oncology Nursing Society's Connections: Advancing Care Through Science, Phoenix, AZ.

S. L. Yoon, PhD^{1*}; O. Grundmann, PhD^{1,2}; & J. J. Williams, A.P., D.O.M.³; T. George, MD⁴; L. Gordan, MD⁵ (2016, Sept). *Are Changes in Phase Angle and Body Composition by Gender in Cancer Patients with Cachexia Different from Healthy Population?* Poster presented at the Cancer Cachexia Conference, Washington, DC.

REGIONAL POSTER DISCUSSION PRESENTATIONS (REFEREED)

Lance, M.,* Yoon, S.,+ Grundmann, O., & Williams, J. J. (2016, February). Gender differences in body composition among gastrointestinal cancer patients with unintentional weight loss. Poster Discussion session presented at the 30th Annual Conference of the Southern Nursing Research Society, Williamsburg, VA.

STATE POSTER PRESENTATIONS (REFEREED)

Yoon, S. L., Grundmann, O., Williams, J.J., Carriere, G., & Gordan, L. (2014, April). *Feasibility of acupuncture therapy for appetite improvement in adults with cancer of the GI tract*. Accepted for Poster presented at the Florida Nurses Association North Central Region Conference, Dowling Park, FL.

Yoon, S. L., Grundmann, O., Williams, J.J., & Carriere, G. (2013, April). *Acupuncture as a novel intervention to improve appetite in patients with cancers of the gastrointestinal tract*. Poster presented at the Florida Nurses Association North Central Region Conference, Dowling Park, FL.

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LOCAL POSTER PRESENTATIONS (REFEREED)

Fuchs, N., Girodo, E., Grundmann, O., Williams, J., Garriere, G., Gordan, L., Rodriguez, C., & Yoon, S. L. (2012, March). *Efficacy of acupuncture to improve cancer-related nutritional impairment in patients with cancers of the gastrointestinal tract*. Poster presented at the 9th Annual Research & Scholarship Day and Malasanos Lectureship, University of Florida, College of Nursing. Gainesville, FL.